

Story Power

Inkhombandlela yekusita
bantfwana kutsi bakwati
kufundza nekubhala ekhaya



valiba

Wemukelekile!

Sikolwa asisiyo indzawo lekuphela kwayo lapho kufundziswa khona kubuywe kufundwwe. Lokwentiwa yimindeni emakhaya kuvamise kunika bantfwana tifundvo tabo tekucala tekubhala nekufundza letibaluleke kakhulu.

Nangabe ukholelwa ekutsini bantfwana bakho batawuba bafundzi nebabhali labaphumelelako kantsi futsi nangabe uyabatisa ngaloku, batawubona kutsi bangafinyelela kulomgomo. Kantsi futsi, ngesikhatsi utinika sikhatsi sekubacocela tindzaba, nekufundza kanye nabo, batfola tindlela letibanetisako naletilusito tekufundza nekubhala.

Uyafuna yini kwati kutsi ungabasita kanjani bantfwana bakho ngekufundza nekubhala? Nangabe kunjalo-ke lenkhombandlela ye-Story Power yakho! Kuyo-ke utawutfola imibono lemayelana nekwabelana tincwadzi netindzaba ukanye nebantfwana bakho, nekutsi ungabakhutsata kanjani kutsi babhale. Utawuphindze futsi utfole lwati lolumayelana nekutsi ungaticalela kanjani yakho iklabhu yekufundza ekhaya!

Yini lengekhatshi

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Tfokotela kuhamba nebantfwana bakho eluhambeni lwabo lwekubhala nekufundza!

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CAPHELA: Lenkhombandlela itfolakala ngetilwimi letilishumi nakunye taseNingizimu Afrika. Buka letinye tinkhombandlela kuloluchungechunge lweStory Power! Kute utitfole yini ku: www.nalibali.org.



Kwakha imicondvo kanye nekulawula umklamo: Project for the Study of Alternative Education in South Africa (i-PRAESA)
Sihumusho: Manesi Kekana
Ihlelwe yabuye yalungiswa: Selby Sedibe
Umdvwebi webalingisi bakaNal'ibali: Rico
Idizayinwe: Magenta Media
Kumisa kahle umbhala: Baseline Publishing Services

Kwenta kufundza nekubhala kube yincenye yelikhaya lakho



Nangabe uhlala njalo nje ubhala futsi ufundza kanye nebantfwana bakho ekhaya, ubafundzisa kutsi kubhala nekufundza kubalulekile, kulusito kantsi futsi kuyatfokotisa. Loku kwenta kutsi kufundza nekubhala kube lula kubo.

Wonkhe umuntu ekhaya unenzima lekufanele kutsi ayidlale ekutfufukiseni kubhala nekufundza kwebantfwana. Nayi leminyane imibono lengenta kutsi kufundza nekubhala kube yincenye letfokotelwako yemphilo yemndeneni yemalanga onkhe.

★ **Yenta inchubomvama yendzaba.** Onkhe malanga beka eceleni sikhatsi sekufundza kanye/nobe sekucoca tindzaba. Bantfwana labanengi batfokotela kulalela tindzaba ngesikhatsi sekulala, kepha labanye bantfwana bakutfole kulula kutinta futsi bagcile ngetikhatsi letitsite emini. Khetsa sikhatsi selusuku lesinivuna kahle kakhulu nonkhe.

★ **Coca tindzaba.** Cocela bantfwana bakho tindzaba, hlabela tingoma uphindze uhaye netinkondlo lotatiko. Loku kuvusa kucabanga kwabo kuphindze futsi kutfufukise lulwimi lwabo. Tilalele netabo tindzaba, ubuye futsi ukhumbule kukhombisa kutifokotela kwakho.



★ **Yabelanani tincwadzi.** Sebentisa nje emaminitisi la-15 ngelilanga ufundzela bantfwana bakho tincwadzi tetindzaba ngekuphimisela. Kwente kutsi kube sikhatsi sekukhibika kanye nekutfokota. Nangabe bantfwana bakho sebayabona kutsi tindzaba tiifolakala etincwadzini, nekutsi tincwadzi tigcwele burnandzi lobungumlingo, batawetama kutifundzela bona ngekwabo. Bafundzi labafundza kahle esikolweni bavamise kuba ngulaba labafundza kanye nemndeneni nebangani ekhaya.

★ **Bani sibonelo lesihle.** Bantfwana bafundza kahle kakhulu ngekutsi babuke loko lesikwentako kunaloko lesibatjela kutsi bakwente. Yenta kutsi bantfwana bakho bakubone ufundzela kutijabulisa kanye nekutfole lwatiso, sibonelo, tincwadzi tekufundza, emaresiphi, tatiso tesikolwa, emaphephabhuku kanye nemaphephandzaba. Yenta siciniseko sekutsi bakubona ubhala emphilweni yakho yemalanga onkhe futsi, sibonelo, ubhala luhla lwalokutawutsengwa, utfumela incwadzigezi nobe ubhala kudayari yakho sikhatsi sekubonana nalomunye umuntu. Nangabe bantfwana befu basibona sifundza futsi sibhala njalo nje, bayabona kutsi kunemandla futsi kulusito kutsi nabo bangakusebentisa etimphilweni tabo.

★ **Sebentisa lulwimi lwakho lwasekhaya.** Kwekucala nje, tindzaba tifanele kutsi tibe ngelulwimi lwebantfwana lwasekhaya. Bantfwana bafanele kutsi bafundze baphindze babhale ngetilwimi tabo tasekhaya ngembi kwekutsi bafundze kwenta loku ngaletinye tilwimi. Sisekelo lesicinile ngelulwimi lwabo lwasekhaya ngusona singumgogodla wako konkhe kufundza ngemphumelelo – kufaka ekhatsi kufundza kubhala nekufundza – ngobe kute kutsi bafundze kahle, badzinga kutsi bavisise kahle.



Kwabelana ngetincwadzi netindzaba

Yabelana ngetincwadzi nebantfwana bakho kute kutsi kwakheke budlelwane lobunemandla nalobunelutsandvo nabo ube futsi usita kutfutukisa emakhono abo ekubhala nekufundza labalulekile ekuphumeleleni kwabo kwasesikolweni nakuletinye tintfo.



Kufundzela bantfwana bakho

Kufundza kwenta kutsi emehlo, tinhlitiyo netingcondvo tebantfwana bakho tivulekele labanye bantfu kanye netimo letehlukene. Bese kutsi nasebatijabulela letindzaba lowabelana nabo ngato, bangatsandza kutsi bachubeke bafundzele kutijabulisa timphilo tabo tonkhe.

Nankha emasu lalishumi ekufundzela bantfwana bakho, akukhatsalekile kutsi baneminyaka lengakanani.

1. Bameme – kepha ungabaphoceleli – bantfwana bakho kutsi bafundze kanye nawe emaminitsi la-15 onkhe malanga.
2. Tfola indzawo lete umsindvo futsi lekwentu ukhululeke kutsi ungafundzela kuyo. Imibhedze nabosofa batindzawo letikahle tekufundzela ngekhatsi endlini. Cisha umsakato wemoya, i-TV kanye nangcondvomshini.
3. Cela bantfwana bakho kutsi batikhetsela incwadzi lenitayifundza ninonkhe. Loku kukhombisa kutsi unendzaba naloko labakucabangako, futsi ngulapho-ke batawuyifundza lencwadzi labatikhetsela yona.
4. Tsatsani sikhatsi nibuka futsi nikhulumisana ngekhava yangembili yalencwadzi. Ungakhohlwa kufundza sihloko salendzaba kanye nemagama embhali nemdwwebi.

5. Hlalani ndzawonye nisondzelane futsi ukhutsate bantfwana bakho kutsi babambe lencwadzi bona ngekwabo nobe-ke bakusite kutsi uyibambe. Bantfwana bakho labancane bayakujabulela kuvula emakhasi. Mema bafundzi labadzadlana kutsi bafundze emagama amunye webalingisi nobe indzima nobe timbili tindzaba.
6. Yetama kusebentisa tintfo letehlukene kwenta tindzaba takho tiphile! Fundza ngemavi lehlukene kubalingisi labehlukene. Fundza ngalokupholile etincenyeni talendzaba letibindzile naletizitsile. Fundza ngekushesha nangabe sikhulumi siyashesha, nobe kukhona logijimako noma labamgijimisako. Fundza ngelivi lelikhulu emisindweni levakala isetulu kulendzaba.
7. Sita bantfwana bakho bakhaliphise emakhono abo ekubona tintfo letisengakenteki kutsi betingenteka kanjani nasetenteka mbamba ngekubabuta lemibuto, “Ucabanga kutsi kutawentekani ngalokulandzelako?” etigabeni letehlukene talendzaba.
8. Khulumani ngalendzaba ninonkhe. Khutsata bantfwana bakho kutsi babelane ngemibono yabo mayelana netindlela balingisi balendzaba labatiphetse ngayo kanye netintfo labakhetsa kutenta.
9. Nangabe incwadzi inemidwwebo, yibukisiseni ninonkhe. Phawula ngetintfo lofisa kwati ngato nobe leto lotibonako futsi lotitsandzako. Khutsata bantfwana bakho nabo bente njalo.
10. Kepha, ngetulu kwako konkhe, jabulelani kwabelana ngetincwadzi letehlukene nindzawonye. Khululeka bese wenta nobe ngabe yini lefanele kwenta letikhatsi leti kutsi tibe nguletijabulisako kini nonkhe.



Leminye imibono yendzaba

Nayi leminyane imibono lemayelana nekusebentisa indzaba ekhaya.

Yenta tikhatsi letikhetsekile tekucoca indzaba

Yenta tikhatsi tekucoca tindzaba letitawufokotelwa ngumndeni wonkhe undzawonye. Sibonelo, banini “nekudla kwantsambama kwetindzaba”? Kanye ngeliviki, yenta kutsi kube nalelinye lilunga lemndeni lelehlukile licoce indzaba ngesikhatsi sekudla kwantsambama. Lenzaba kungaba ngulabake bayifundza nobe labake bayiva, nobe ngulensha labaticambe yona. Ningaphindze niticambe yenu indzaba ninonkhe ngekutsi linye lilunga lemndeni licoce singenisiso sendzaba bese-ke onkhe lankha lamanye emalunga angete tincenye ite iphelele yonkhe indzaba.

Buta imibuto

Julisa kuvisisa kwebantfwana bakho kwetindzaba lobafundzele tona futsi ubone ngekutsi ubabute imibuto levulekile. Loluhlobo lwemibuto lute timphendvulo letingito nobe letingesito. Tifutfukisa kucabanga kwebantfwana ngetindzaba. Sibonelo, “Ungativa unjani nangabe ...?”, “Kube bewunguye, ngabe wente njani?”, “Ucabanga kutsi wakwentelani loko?”, “Loko kukukhumbuta ini?”, “Wenta njani uma ngabe ...?”.

Yenta kutsi bantfwana bakho nabo babute imibuto! Baphendvule nangabe uyakhona nobe nifundze timphendvulo kanyekanye ngekutsi nifundze nibuye nikhulumisane ngetincenye letifanele talenzaba.

Hlolisisa tindzaba

Tfola tindzaba batfwana labangahlolisisa ngato indzaba lobacocela yona nobe lobafundzele yona. Sibonelo, bangaphindze futsi bayicoce lenzaba nobe bente lokusamdalo ngetincenye talenzaba, nobe babhalele munye webalingisi incwadzi.



Phindza tindzaba

Bantfwana bavamise kutsandza kuva tindzaba labatitsandzako ticocwa njalo njalo! Ngaso sonkhe sikhatsi nabalalela nobe bafundzelwa indzaba labayitsandzako, batfola lokusha. Baphindze futsi batfole tifundvo telulwimi, silulumagama nemicondvo.

Tfola tincwadzi letitawufundvwa

Tincwadzi tibita kakhulu kutsi ungatitsenga, ngako-ke nangabe kunemtapolwati dvutane nawe, wuvakashela njalo nje ukanye nebantfwana bakho. Cela somtapolwati kutsi akuncomele tincwadzi letimnandzi letibhalwe ngelulwimi/tilwimi bantfwana bakho labativisisa kahle kakhulu. Yenta kutsi kube nesikhatsi lesenele sekubukabuka ningajaki, bese sewukhuluma nebantfwana bakho mayelana nekukhetha kwabo ngembi kwekutsi batsatse sincumo sekugcina sekutsi batawuboleka yiphi incwadzi.

Yenta kutsi bantfwana batetsembe

Yente ibe ligugu imitamo yebantfwana bakho yekutifundzela bona ngekwabo, njengoba wenta kwaba ligugu kufundza emagama kwabo kwekucala. Basekele kakhulu kute kutsi babe nekutetsembe – loko-ke kuyihhafu yemphi yekufundza. Lalela uphindze futsi uncome bantfwana bakho labancane nangabe balingisela kufundza – bantfwana badzinga kutsi batiphathise njengebafundzi kute kutsi babe bafundzi!



Uyati nje kutsi
bantfwana labafundza
kakhulu esikhundleni
sekutsi babukele
mabonakudze,
bayatinta babuye futsi
bagcile sikhatsi lesidze?

Yenta bantfwana bakho kutsi babhale



Bantfu kubhala bakusebentisa ngetindlela letehlukene kute bente kutsi kwentiwe tintfo kanye nekuchumana nalabanye. Kufanana nebuciko lobunyenti – ngesikhatsi ukwenta kakhulu, ngulapho-ke uba ncono kakhulu kuko, futsi-ke ngaleyo ndlela kuba lula! Njengebatali nebanakekeli bebantfwana sisuke sihola ngalokusibonelo nasabelana nebantfwana ngemandla netinhloso tekubhala etimphilweni tetfu temalanga onkhe. Nati letinye tindlela letehlukene longenta ngato loku.

- ★ Yenta siciniseko sekutsi ekhaya unemaphepha, emakhrayoni, emapheni kanye nemapeniseli. Kugcine endzaweni lapho bantfwana bakho batawufinyelela khona kalula babodwana kute kutsi badvwebe baphindze babhale nanobe ngunini nabakhetsa kwenta njalo.
- ★ Kudvweba kuvamise kutsi kube sinyatselo sekucala sekutsi bantfwana bakwati kubhala. Khombisa kuba nelisasasa kumidvwebo yabo ngekutsi uphawule ngendlela lebakhutsatako nangekubabuta ngemidvwebo yabo, sibonelo, "Lendlu leyo ibukeka njengendlu lechazanako kutsi umuntfu angahlala kuyo. Ngubani lohlala kuyo?"



- ★ Nika bantfwana bakho litfuba lekutsi basebentise kubhala kute bahlele timphilo tabo. Sibonelo, bente kutsi babhale tinhlobo teluhlu, njengeluhlu lwetintfo letiyotsengwa, luhlu lwetintfo labadzinga kuya nato esikolweni ngakusasa, nobe luhlu lwetivakashi letite edzilini lelusuku lwekutsalwa. Ungakhatsateki ngesipelingi lesingesiso. Sitawuba kahle ngemuva kwekutetayeta kubhala lokunyenti. Nangabe kukhona longakwati kukufundza kuletinhlolo teluhlu lwabo, bacele kutsi bakutjele kutsi kutsini.
- ★ Tfola ematfuba bantfwana labatawasebentisela kubhala kute bachumane nalabanye. Bente: kutsi babhale emagama abo emakhadini etilokotfo, babhale imilayeto yekubonga, babhale imilayeto leya kumalunga emndeni ekhaya baphindze futsi babhale tincwadzigezi nobe tincwadzi letiya kubangani nakumalunga emndeni lahlala khashane nasekhaya.
- ★ Khutsata bantfwana bakho kutsi babe nemajenali lapho batawubhala khona nobe ngabe yini labayitsandzako: imiva yabo, tintfo letenteke ekhaya nasesikolweni, kanye/ nobe tintfo labafuna kutikhumbula. Lihloniphe lingansense lebantfwana bakho futsi ufundze kuphela emajenali abo ngemvume yabo.
- ★ Yakha emabhuku ngekutsi nifasele emaphepha ndzawonye ngesitephula bese ubhala tindzaba nebantfwana bakho. Bantfwana bakho labancane bona bangadvweba tiifombe. Tinikele kutsi ubhale emagama labakutjela wona, kepha uphindze futsi ubakhutsate kutsi betame kutibhalela. Vumela labanye bantfwana kutsi badvwebe baphindze batibhalele abo emagama. Fundza letincwadzi utifundzele emalunga emndeni lahlala nawe nalamanye leta ngekuvakasha.



Kuchuba iklabhu yekufundza



Ungacala iklabhu yekufundza lencane ekhaya nebantfwana bakho kanye nebangani babo nobe bantfwana bakamakhelwane labambalwa. (Iminyaka yebudzala yebantfwana ingaba nobe ngabe nguyiphi – kusuka kulabakhasako kuya kulasebangene ebudzaleni.)

Emaklabhu ekufundza lamancane angemafuba lamahle kakhulu ekuhlolisisa tindzaba netincwadzi ukanye nebantfwana. Konkhe nje lokudzingako kutsi utsandze tindzaba uphindze futsi ufune kwabelana ngato nebantfwana – kanye nemunfu lomdzala munye nobe babili labakwatiko kufundza, kanye nebantfwana labangaba sihlanu kuya kulabasiphohlongo! Bani nesikhwama setincwadzi, tintfo tekubhala nekudweba (njengemakhrayoni, emapeniseli, emapheni kanye nemaphepha), uma kunjalo usendleni lengiyo!

Eklabhini lencane, kulula kubati kahle bantfwana. Yabelana nabo tincwadzi takho lotitsandzako ubuye futsi utfole tindzaba letitsandwa ngumntfwana ngamunye. Citsa sikhatsi ufundza futsi ukhulumisana nabo ngetindzaba.

Kepha wati ngani kutsi ngutiphi tindzaba letifanele kutsi utikhetse? Vakashela umtapolwati lonemkhakha webantfwana lokahle kakhulu futsi utsatse sikhatsi ubukabuka lapho njalo nje. Yatana nasomtapolwati webantfwana uphindze futsi umcele teluleko mayelana netincwadzi letitsandwa bantfwana. Boleka lokungenani yinye incwadzi yetindzaba loyitsandza mbamba, tetayete kuyifundza bese uyifundza ngekuphimsela eklabhini yakho. Lapho sewucala kubati kahle kakhulu bantfwana, utawutifola sewufuna tindzaba letijulisa kuhlala bafuna kwati kwebantfwana naloko labakutsandzako! Ungaphindze futsi ukhetse tindzaba letikumikhakha ye-“Story and rhyme library” kanye ne-“Story supplies” yewebhusayithi yeNal’ibali ku-www.nalibali.org.

Utsini-ke ngekubhala? Yetama kutsi wakhe sikhatsi sekubhala ngaso sonkhe sikhatsi iklabhu yekufundza nayihlangene. Bantfwana bayatsandza kubhala emadayari, futsi loko kuyindlela lekahle kakhulu yekufufukisa likhono labo lekubhala ngelulwimi lwabo lwasekhaya



kanye/nobe lulwimi lolwengetiwe. Khutsata bantfwana kutsi babhale (baphindze futsi badweba) kumadayari abo nganobe ngabe yini – imicabango yabo, imiva, imibono nobe loko labatfokotela kukwenta ngelilanga lelitsite. (Yenta siciniseko sekutsi bati kutsi loku labakubhalako kuyimfihlo ngaphandle nangabe bakhetsa kwabelana nalabanye.) Kukahle kakhulu kutsi ungasilungisi sipelingi sabo – lokubalulekile nguloku labakushoko. Kepha ungabakhutsata ngekutsi ubhale kuyakho idayari bese sewabelana nabo imibono yakho, kubhala ngesandla lesihle kanye nesipelingi lesingiso.

Nanobe ngabe yini leniyenta eklabhini yekufundza, khutsata bantfwana kutsi bahlanganyele – kepha ungabaphoceli. Inhloso lapha kutsi nitijabulise lapho nifundza lokusha nibuye futsi nabelane tindzaba nindzawonye.

Imibono leminyenti lemayelana nemaklabhu ekufundza vakashela i-“How to guides” yetfu ku-www.nalibali.org nobe i-“How to” ku-www.nalibali.mobi. Ungalutfole futsi lwatiso lolunyenti ku-*Story Power: Inkhombandlela yemaklabhu ekufundza letfolakala* ku-“Story supplies” ku-www.nalibali.org.

Chumana neNal'ibali

Bani yincenye yenethiwekhi yaNal'ibali ubuye futsi usebentise emandla etindzaba kufaka bantfwana inshisekelo kutsi bafune kufundza nekubhala.

Vakashela tinkhundla tetfu letehlukene temitfombo yekufundzela kutijabulisa kanye nekutfola emasu, netindzaba tebantfwana ngetilwimi le-11.

Tigcwaliseli teNal'ibali

Tfola sigcwaliseli sakho lesiliphephandzaba lekufundzela kutijabulisa kuSowetan, Sunday Times Express, Daily Dispatch kanye neThe Herald. Kute utfole lwatiso lolubanti, vakashela: www.nalibali.org.



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Lalela iNal'ibali kutiteshi te-SABC temsakato wemoya temmango uphindze futsi utfokotele tindzaba tebantfwana ngato tonkhe tilwimi letisemtsetfweni leti-11. Vakashela: www.nalibali.org mayelana **netikhatsi temsakato wemoya** teNal'ibali.

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Vakashela **iwebhusayithi** yakaNal'ibali kute utfole emakhasi emaphepha lamakhulu amahhala, ema-blog elitheresi, emasu ekufundza kanye netindzaba tebantfwana.

www.nalibali.mobi

Tfola emasu ekucoca indzaba nekufundza, kwelekelelwa kwemaklabhu ekufundza kanye netindzaba ngetilwimi leti-11 taseNingizimu Afrika letisemtsetfweni – ku**makhalekhikhini** wakho!



Tinkhundla tekuchumana

Ngenela ingcoco ku-**Facebook** uphindze futsi usilandzele ku-**Twitter** naku-**Instagram** kute utfole emasu netindzaba takamuva letifakana inshisekelo yekufundzela kutijabulisa. Ungaphindze futsi uvakashele ishaneli yetfu ku-**YouTube**, www.youtube.com/user/TheNalibaliChannel kute utfole emasu lalusito eklabhu yekufundza.



Sitsintse ngekushayela sikhungo setfu setincingo ku **02 11 80 40 80**, nobe ngayiphi lenye yaletindlela leti:  www.nalibali.org  www.nalibali.mobi

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