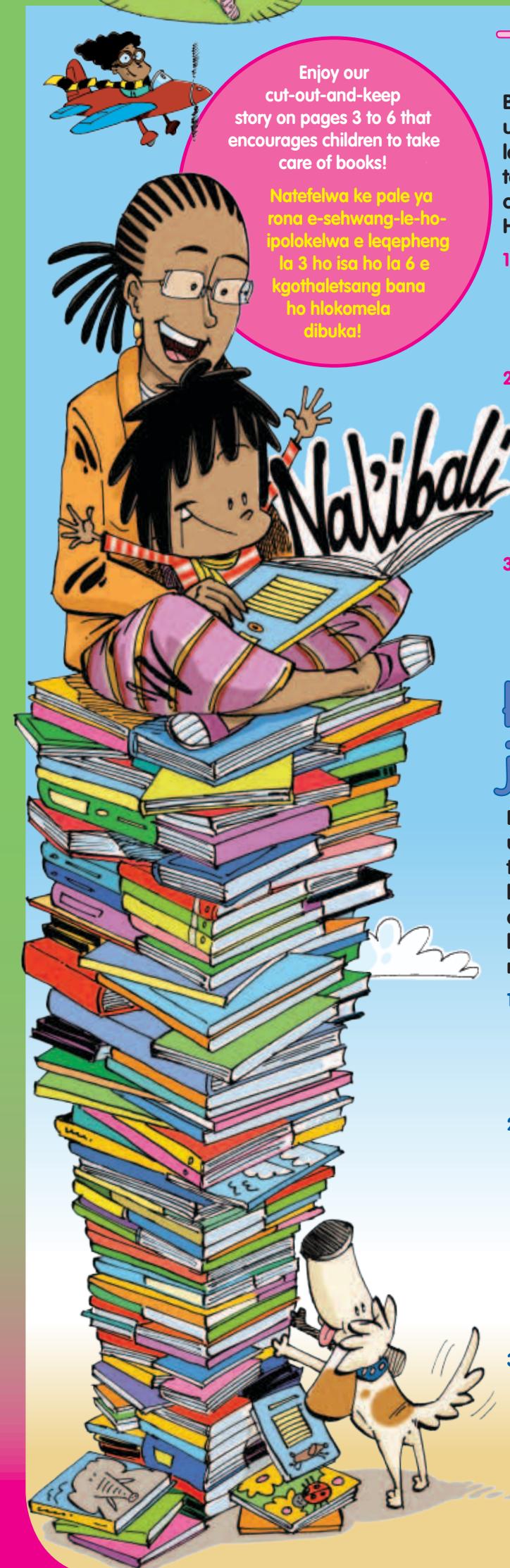




Edition 70
Sesotho, English



Enjoy our
cut-out-and-keep
story on pages 3 to 6 that
encourages children to take
care of books!

Natefelwa ke pale ya
rona e-sehwang-le-ho-
ipolokelwa e leqepheng
la 3 ho isa ho la 6 e
kgothaletsang bana
ho hlokomela
dibuka!

Treating books as treasures

Books are expensive and so it is understandable that we want them to last. How can we help our children learn to take good care of books so that they can be enjoyed over and over again? Here are five ways.

- Grow a love of stories.** We cannot expect children to treat books well if they do not love stories! When you spend time reading and enjoying stories with children, they soon learn to treasure books.
- Teach by example.** Children learn more by watching us than by being told what to do. So, if you don't treat books well, you can't expect children to do so! Show them how to treat books. For example, as you read to them, turn the pages carefully, and when you have finished reading a story, return the book to its place on the bookshelf.
- Expect what is reasonable.** Children need to spend time looking at or reading books on their own. It is natural for their favourite books to become worn after a while. Encourage age-appropriate book behaviour in your children.

For example, it is "normal" for babies to chew the corners of books – because they put everything into their mouths – but we wouldn't expect three-year-olds to do this. And seven-year-olds can be expected to turn the pages of a book gently, but many three-year-olds cannot yet manage this.

- Create storage for books.** Help children learn to care for books by creating special places to store them. You can use shelves as well as decorated boxes and box lids.
- Don't have too many rules.** Too many rules about using books are likely to destroy children's love of stories. Try to have a few simple rules that make sense to children. For example, "Let's keep water and things we drink away from books because if we spill on our books, they will get damaged." Also, "Let's make sure our hands are not sticky when we look at books because if some of the pages stick together we won't be able to read the whole story!"

As with most things in life, learning to take care of books involves time, practice and encouragement. Children will learn this so much faster if they experience the pleasure that reading and books offer.

Ho tshwara dibuka jwalo ka matlotlo

Dibuka di theko e hodimo kahoo ho a utlwahala hore re batla di dule nako e telele. Re ka thusa bana ba rona jwang ho ithuta ho hlokomela dibuka hore di tle di natefele batho ba bangata ka makgetlo a mangata? Mekgwa e mehlano ke ena.

- Hodisa lerato la dipale.** Re ke ke ra lebella hore bana ba tshware dibuka hantle empa ba sa rate dipale! Ha o qeta nako e itseng o bala le ho natefelwa ke dipale mmoho le bana, ba phakisa ba ithuta ho bona dibuka e le letlotlo.
- Ba rute ka ho ba mohlala.** Bana ba ithuta haholo ka ho re shebella ho feta ha re ba bolella seo ba lokelang ho se etsa. Kahoo, ha o sa tshware dibuka hantle, o keke wa lebella hore bana ba hao ba etse jwalo! Ba bontshe kamoo ba lokelang ho tshware dibuka ka teng. Ho etsa mohlala, ha o di bala, o phetle maqephe ka hloko, mme ha o qetile ho bala pale, o kgutlisetse buka moo e dulang teng shelofong ya dibuka.
- Lebella se ka kgonehang.** Bana ba hloka ho qeta nako e itseng ba shebile kapa ba ipalla dibuka ka bobona. Ke ntho e ka lebellwang hore dibuka tseo ba di ratang di tabohe kamora nako e itseng. Kgothaletsa boitshwaro bo lokelang dilemo bakeng sa tlhokomelo ya dibuka. Ho etsa mohlala, ho "tlwaelehole" hore masea a hlafune dipento tsa dibuka –

hobane ba kenya ntho e nngwe le e nngwe ka hanong – empa re ke ke ra lebella ngwana wa dilemo tse tharo ho etsa seo. Mme bana ba dilemo tse supileng ba ka lebellwa hore ba phetle maqephe a buka butle ka hloko, empa bana ba bangata ba dilemo di tharo ha ba eso kgone ho etsa jwalo.

- Etsa sebaka sa polokelo ya dibuka.** Thusa bana ho ithuta ho hlokomela dibuka ka ho etsa sebaka se ikgethileng sa ho di boloka. O ka nna wa sebedisa dishelofo esitana le mabokoso a kgabisitsweng le dikwahelo tsa mabokoso.

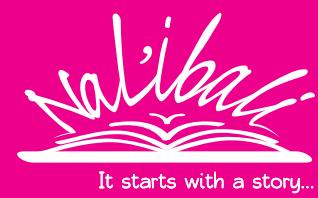
- O se ke wa ba le melawana e mengata.** Melao e mengata ya ho sebedisa dibuka hangata e ka bolaya lerato la bana la dipale. Leka ho ba le melao e mmalwa e bobebe eo bana ba ka e utlwisang. Mohlala, "Ha re se keng ra atametsa metsi le dino haufi le dibuka hobane ha di ka qhalehela hodima dibuka tsa rona, dibuka di tla senyeha." Hape, "Ha re etseng bonneta ba hore matsoho a rona ha a namathele ha re sheba dibuka hobane ha maqephe a mang a ka kgomarelana re ke ke ra kgona ho bala pale yohle!"

Jwaloka dintho tse ngata bophelong, ho ithuta ho hlokomela dibuka ho hloka nako, boikwetiso le kgothaletso. Bana ba tla ithuta sena ka potlako haholo haeba ba ikuthwela nyakkalo eo ho bala le dibuka di fanang ka tsona.



Drive your
imagination

Read to me. In my language.
Mpalle. Ka puo ya ka.





Drive your
imagination



Nal'ibali news

On 23 April 2014 (World Book Day), Nal'ibali proudly launched our Children's Literacy Charter at Constitution Hill in Johannesburg. The charter is a guide to the kind of experiences and resources all children need if we want them to become literate. We had great fun celebrating the charter's launch with songs, stories and speeches. Here are some photographs from the event.

1. Children from Duzek College and Lesedi Community College, who attended the launch, enjoy listening to a story.

Bana ba Duzek College le Lesedi Community College, ba neng ba tlile thakgolong, ba nafelwla ke ho mamela pale.

2. There was plenty of time to sing at the launch!

Ho ne ho ena le nako e ngata ya ho bina thakgolong!

3. Award-winning author, poet and storyteller, Chris van Wyk, had the audience spellbound as he told a story!

Mongodi ya kileng a hapa kgau, sethothokisi le mopheti wa dipale, Chris van Wyk, o ne a hohetse bamamedi ba hae ka thabo ha a ntse a ba phetela pale!

4. Carole Bloch, Director of PRAESA, spoke about the importance of stories for literacy.

Carole Bloch, Mookamedi wa PRAESA, o ile a bua ka boholokwa ba dipale bakeng sa tsebo ya ho bala le ho ngola.

5. Writer and human rights' activist, Elinor Sisulu, spoke about the importance of having a literacy charter.

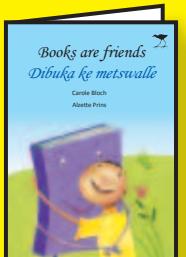
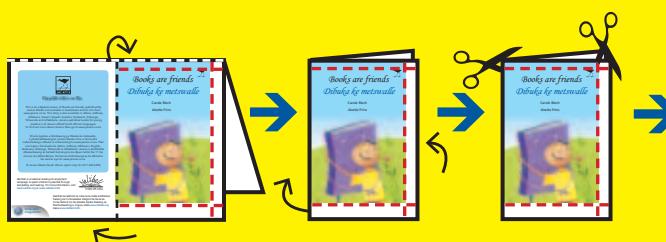
Mongodi le molwanedi wa ditokelo tsa botho, Elinor Sisulu, o ile a bua ka boholokwa ba ho ba le tjhata ya tsebo ya ho bala le ho ngola.



Create your own cut-out-and-keep book

Iketsetse bukan e-sehwang-le-ho-ipolokelwa

- Take out pages 3 to 6 of this supplement.
- Fold it in half along the black dotted line.
- Fold it in half again.
- Cut along the red dotted lines.
- Ntsha leqephe la 3 ho isa ho la 6 bukaneng ena ya flatsetso.
- Le mene ka halofo hodima mola wa matheba a matsho.
- Le mene ka halofo hape.
- Seha hodima mela ya matheba a mafubedu.



If you missed your copy of the Children's Literacy Charter in supplement 63, you can download it from our website, www.nalibali.org. It's available in 11 languages.

Haeba o sa ka wa fumana khopi ya hao ya Tjhata ya Bana ya Tsebo ya ho Bala le ho Ngola e ho flatsetso ya 63, o ka e jarolla websaeteng ya rona, www.nalibali.org. E fumaneha ka dipuo tse 11.

Metswalle e molemo e a o hlokomela. Empha eo
ke karolwana feela ya setswalle. Le wena o loka
ho hlokomela metswalle ya hao. Re hlokomela
metswalle ya rona hobane e le ya boholokwa mme
e le hlokolosi. Dibuka le tsona di hloka ho hlokomela.
hlokolosi. Le tsona di hloka ho hlokomela.



Good friends look after you. But that's only part of
a friendship. You need to look after your friends
as well. We look after our friends because they are
important and precious. Books are important and
precious too. They also need to be looked after.



We publish what we like

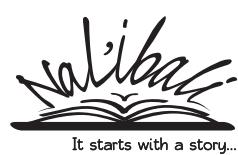
This is an adapted version of *Books are friends*, published by Jacana Media and available in bookstores and on-line from www.jacana.co.za. This story is also available in isiZulu, isiXhosa, Afrikaans, Siswati, Sepedi, Sesotho, Setswana, Xitsonga, Tshivenda and isiNdebele. Jacana publishes books for young readers in all eleven official South African languages. To find out more about Jacana titles go to www.jacana.co.za.

Ena ke kgatiso e fetotsweng ya *Dibuka ke metswalle*,
e phatlaladitsweng ke Jacana Media mme e fumaneha
mabenkeleng a dibuka le inthaneteng ho www.jacana.co.za. Pale
ena hape e fumaneha ka isiZulu, isiXhosa, Afrikaans, English,
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dibuka bakeng sa babadi ba banyane ka dipuo tsohle tse 11 tsa
mmuso tsa Afrika Borwa. Ho fumana haholwanyane ka dihlooho
tsa Jacana eya ho www.jacana.co.za.

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Nal'ibali is a national reading-for-enjoyment campaign to spark children's potential through storytelling and reading. For more information, visit www.nalibali.org or www.nalibali.mobi

 Drive your imagination


It starts with a story...

Nal'ibali ke letsholo la naha la ho-balla-boithabiso bakeng sa ho tsoseletsa bokgoni
ba bana ka ho ba balla le ho ba phetela dipale. Bakeng sa tlhahisoleseding e nngwe,
etela www.nalibali.org kapa www.nalibali.mobi



se o le moholwanyana.
Moholomong o tla loka ho hola le buka
eo. O ka una wa kopha motho e mong ho
o thusa ho e balala kapa o ka e balala ha o



You can ask someone to help you read it or
It may be that you have to grow into a book.
you can read it when you're BIGGER.

Books are friends *Dibuka ke metswalle*

Carole Bloch

Alzette Prins



Fold 3

Ka nako e nngwe o loka leka ho dula o leka le ka dipale.

O e tloze pela diphoofolo tse **LETSWALO** kapa dibuka! O e tloze pela diphoofolo tse **LETSWALO** kapa dibuka!

nyahama hobane ha o nyahama o ke ke wa tsedba
ikutlwa o le **LETSWALO** kapa dibuka. O se ke wa
ba **Kgachisa** le ho ba bohalie ho o feta, o ka
e metjha. Haeba batheo ba bang ba shebahala
Ka nako e nngwe ho thata ho fumana metswalle



Sometimes you should keep trying with stories too.
never know what they are really like.
people look more **excited** and clever than you, you will
sometimes, it can be hard to make new friends. If
migght feel **NERVOUS** or shy. Keep trying or you will

kgathalle batheo kapa dibuka!

MATEKELA eng kapa eng e tseleng ya sona. Ha di

hore o loka leka ho e sirelesta mefuteng e Fapaneng

Ho hlokomela motho kapa ntho e itseng ho bolela

ya dikotsi.

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ya dikotsi.

Ho hlokomela motho kapa ntho e itseng ho bolela

dipale tsota tsona.
tesebe ho hlokomela dibuka le ho natefela ke
motatasi ya ka ba rutang tse na. Ba rute hore ba
tse thakeselang, le dikre tse sehang! Ba hloka
tse dutlang penet, dibotilo tsa sekgoimartesi
dibuka ka matsoho a kgennathetseng, diboroso
una ba se utwisse hore ha ba a loke la ho tshwara
mahlahahahaha. Bana ba banyenyane ba heno ba ka
Ho ka nna ha eba thata le ho laola battho ba

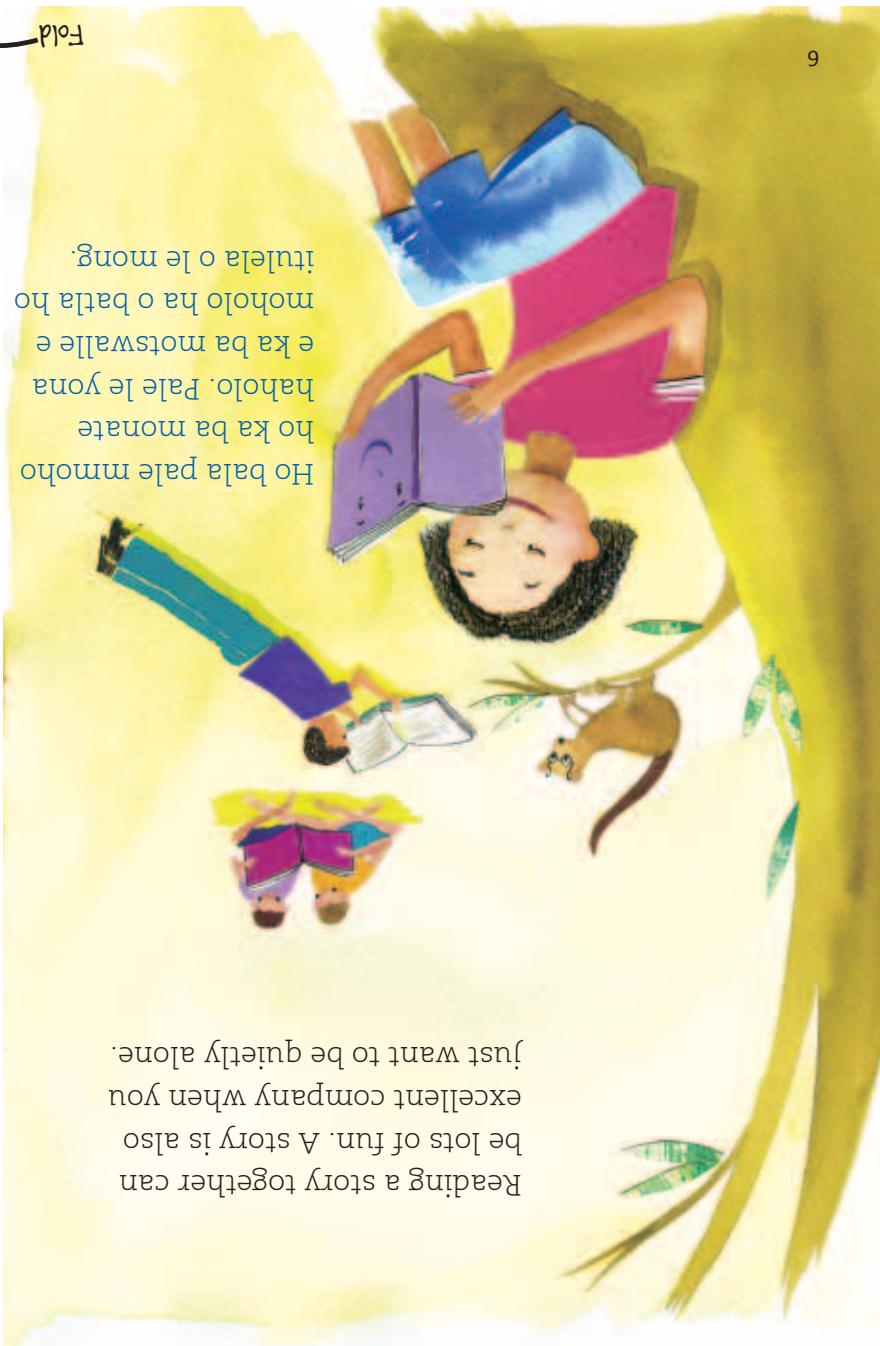


enjoy stories.
and how to
look after books
them how to
to learn. Show
a helping hand
scissors! They need
paintbrushes, wobbly gluepots and snippings
shouldn't hold books with sticky fingers, dipping
brothers and sisters may not understand that you
Wild humans can also be tricky to handle. Baby

Like friendships, books fade and die when they are ignored or badly treated. If you forget books in places like dark cupboards, they will become dusty and get eaten by bugs and worms. No one will read them.

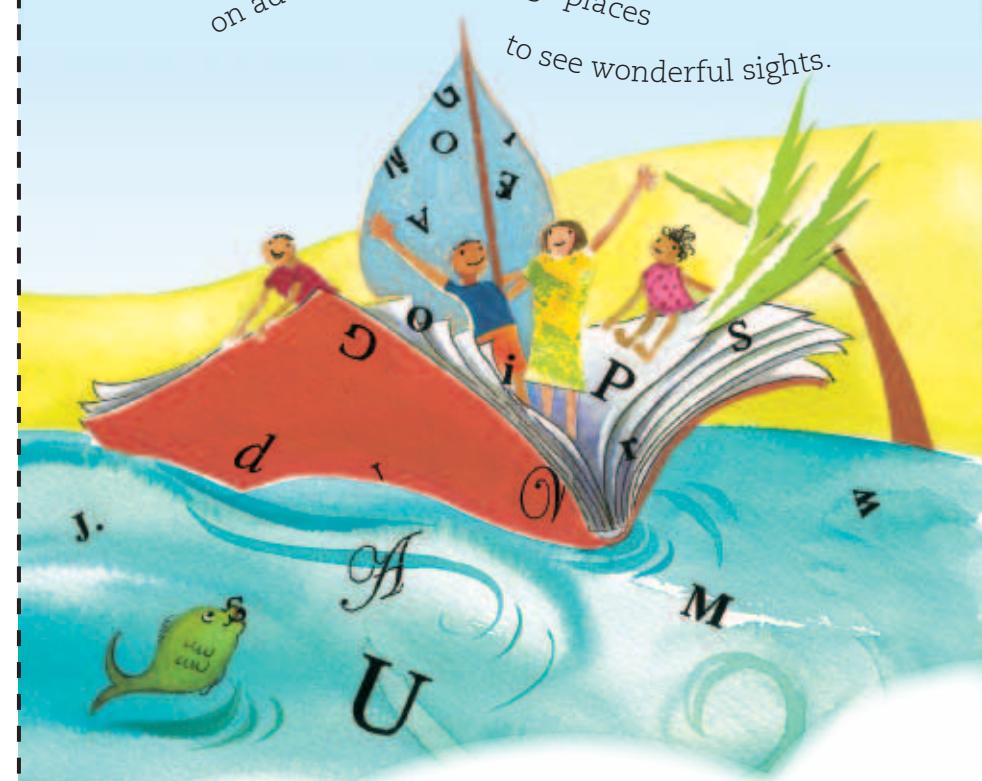


Mme feela jwalo setswalle, dibuka di fela mmala di shwe ha di sa kgathallwe mme di tshwerwe hampe. Ha o lebala dibuka dibakeng tse kang dikhaboteng tse lefifi, di tla tlala lerole mme ebe di jewa ke dikokonyana le diboko. Ha ho motho ya tlang ho di bala.



just want to be quietly alone.
Reading a story together can
be lots of fun. A story is also
excellent company when you
have lots of time. Pale is also
ho bala pale momo
ho ka ba monate
haholo. Pale le yona
e ka ba motswalle e
moholo ha o batla ho
itulela o le mone.

A storybook is also a boat that sails you away
on adventures to strange places
to see wonderful sights.



Hape buka ya pale eka sekepe seo o nkang leeto ka
sona ho ya dibakeng tse sa tsejweng ho bona ntho
tse babatsehang.

tse ngeata.
jwalo ka motswalle, e ka thusa ho o lebatsa
o kgathetsé kapa o kula, pale e monate feela
Ha o hloname kapa o tshwerwe ke boudtu,



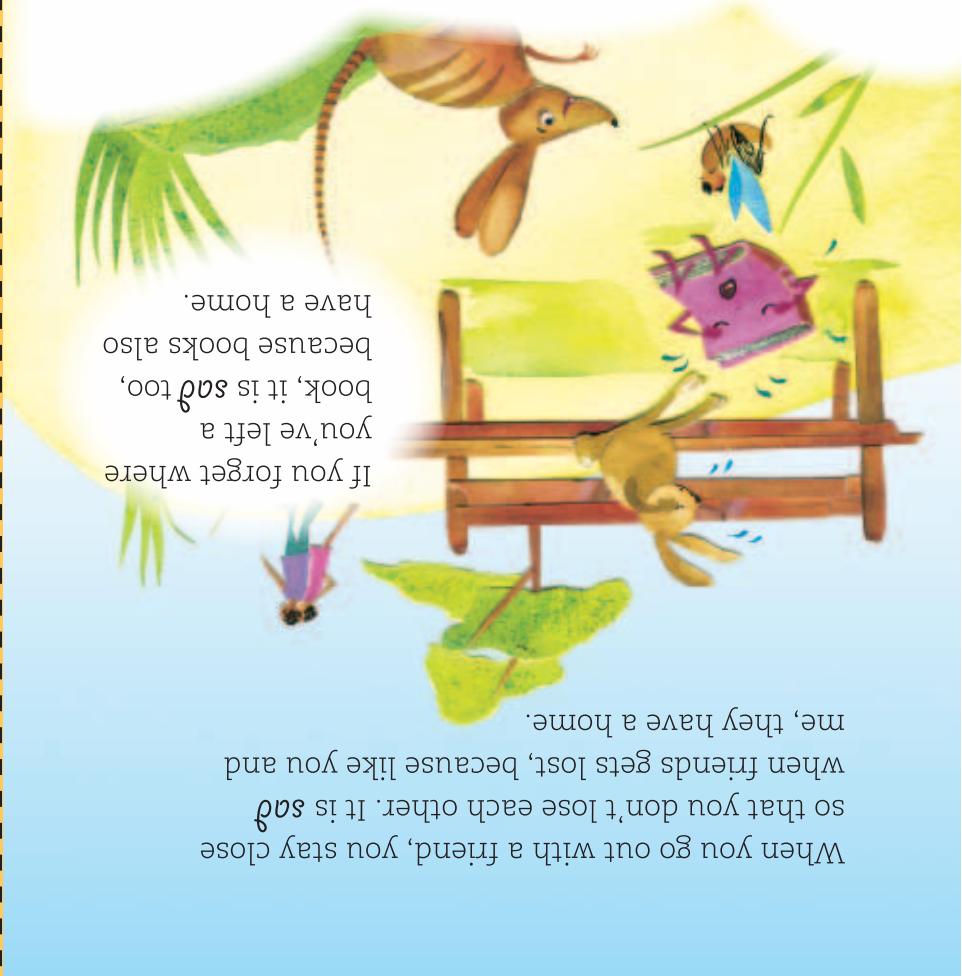
If you feel sad or lonely, tired or sick, a good story, like a good friend, can help take your mind off things.

Most of all, a storybook is a friend. With friends you smile and laugh, you sigh and cry, you sing and shout. It's the same with storybooks.

Mme ha bohlokwa ho feta buka ya pale ke motswalle. Ha o na le motswalle o a tsheha o bososele, o kgotse, o lle, o bine, kapa o hoeletse. Ho jwalo feela le ka dibuka tsa dipale.



Hlonama hobaane le yona e na le moo e dulang.
Ha o lebala moo o silleng buka ya hao teng, e a na le lehæ.
Lahleha, hobaane jwalo ka wena le nna feela, le yena o le se ke la Lahlehelana. O a hlonama ha motswalle a Ha o eta le motswalle, le duila le sa arohaane hore le tle



When you go out with a friend, you stay close so that you don't lose each other. It is sad when friends gets lost, because like you and me, they have a home.

If you forget where you've left a book, it is sad too, because books also have a home.

Just like people, books have different kinds of homes. Some books live in libraries. Libraries are wonderful places because there are so many different kinds of books to choose from. You can borrow them and take them home to read.

Jwalo feela ka batho, dibuka di dula malapeng a fapaneng. Dibuka tse ding di dula dilaeboraring. Dilaeborari ke dibaka tse babatsehang hobane di na le mefuta e mengata ya dibuka eo o ka kgethang ho yona. O ka di adima wa ya le tsona hae ho di balla teng.





Get story active!

Here are some story reading ideas and activities for Books are friends for you to try.

Before

- Introduce the story by reading the title of the story. Ask your children, "How do you think books can be friends?" Let them share their ideas with you and share your ideas with them.

During

- Put lots of expression into your voice as you read the story – especially when you read the words that are bigger or smaller than the other words, or in a different type of lettering.
- Encourage your children to ask whatever questions they have or to make comments about the story.
- Help your children find the letters from their names in the pictures.

After

- Invite your children to draw a picture of their favourite story characters. Let them write about their pictures – with your help, if necessary.
- Read page 3 again. Encourage your children to complete this sentence in as many different ways as they can: A storybook is like ..., it ...
- Look at the picture on page 6. Where is each child's favourite place to read?
- Encourage your children to write a list of their own rules for taking care of books.

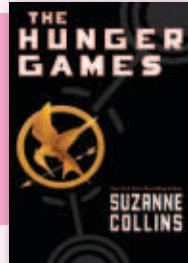


Reading club corner

August has a number of special days on which we can celebrate the diversity of people!

August	Women's month
3 August	International Friendship Day
9 August	National Women's Day
10 August	Author Suzanne Collins' birthday
12 August	International Youth Day
13 August	International Left-Handed Day

Suzanne Collins is an award-winning author. She wrote the novels enjoyed by teenagers (and adults!) that make up *The Hunger Games* trilogy: *The Hunger Games*, *Catching Fire* and *Mockingjay*. The first two novels have already been made into movies. Suzanne also writes for the children's television channel, Nickelodeon.



Try some of these ideas in August

- Choose stories that show women in different roles – for example, women as mothers, sisters, leaders, artists, writers, sports women. Read these aloud throughout the month.
- Share stories with the children that explore what friendship is.
- Encourage the children to write about and to their friends.
- Tell the children the story of how on 9 August 1956, South African women fought for justice for themselves and others.
- If you have teenagers at your club, choose an extract or chapter from one of the books in *The Hunger Games* trilogy to read aloud to them.

Eba mahlahahlaha ka pale!

Mehopolo bakeng sa ho bala dipale le diketsahalo tseo o ka di lekang ke tsena bakeng sa Dibuka ke metswalle.

Pele ho ho bala pale

Qala pale ka ho bala seholo ho pale. Botsa bana ba hao, "Le nahana hore dibuka e ka ba metswalle jwang?" E re ba o boelle maikutlo a bona mme le wena o ba boelle maikutlo a hao.

Nakong ya ho bala pale

Lentswe la hao le lokela ho utwahala le ena le maikutlo ha o ntse o bala pale – haholoholo ha o bala mantswe a maholo kapa a manyane ho feta mantswe a mang, kapa a nang le mofuta o mong wa mongolo.

Kgothaletsa bana ba hao ho botsa dipotso dife kapa dife tseo ba nang le tsona kapa ba tshwaele ka pale eo.

Thusa bana ba hao ho fumana ditlhaku tse teng mabitsong a bona ho tswa ditshwantshong.

Kamorao ho ho bala pale

Kopa bana ba hao ho taka sethwantsho sa baphetwa bao ba ba ratang ka ho fetisia paleng. E re ba ngole ho hong ka ditshwantsho tsa bona – ka thuso ya hao, ha ho hlokeha.

Bala leqephe la 3 hape. Kgothaletsa bana ba hao ho qetella polelo ena ka ditsela tse ngata tse fapaneng kamoo ba ka kgonang: Buka ya dipale e jwaloka ..., e ...

Sheba sethwantsho se leqepheng la 6. Sebaka sa ho bala se ratwang ka ho fetisia ke ngwana ka mong ke sefe?

Kgothaletsa bana ba hao ho ngola lenane la melawana ya bona ya ho hlokomela dibuka.

Hukung ya Tlelapo ya ho Bala

Kgwedi ya Phato e na le matsatsi a ikgethang a mmalwa ao ho ona re ka ketekang ho se tshwane ha batho!

Phato	kgwedi ya Bomme
3 Phato	Letsatsi la Matjhaba la Setswalle
9 Phato	Letsatsi la Naha la Bomme
10 Phato	Letsatsi la tswalo la Mongodi Suzanne Collins
12 Phato	Letsatsi la Matjhaba la Batjha
13 Phato	Letsatsi la Matjhaba la Ba Sebedisang Letsoho la Leqe

Suzanne Collins ke mongodi ya kileng a ikgapela dikgau. O ngotse dinobele tse natefelang batjha (le batho ba baholo!) tse etsang letoto la *The Hunger Games: The Hunger Games, Catching Fire le Mockingjay*. Dinobele tse pedi tsa pele di se di bile di entswe dimuvi. Suzanne hape o ngolla kanale ya bona ya dithelevishine, Nickelodeon.

Leka tse ding tsa dikgopolole tsena kgwedding ya Phato

- Kgetha dipale tse bontshang basadi dikarolong tse fapaneng – ho etsa mohlala, basadi e le bomme, dikgaitsedi, baetapele, dinono, bangodi, boradipapadi. Balla dipale tsena hodimo kgwedding eo kaofela.
- Phetela bana dipale tse bontshang hore setswalle ke eng.
- Kgothaletsa bana ho ngola ka metswalle ya bona le ho ngolla metswalle ya bona.
- Phetela bana pale ya kamoo ka la 9 Phato 1956, basadi ba Afrika Borwa ba ileng ba Iwanelo toka bakeng sa bona le batho ba bang.
- Haeba o ena le batjha ba dilemong tsa boleshome tlelapong ya hao, kgetha seqotswa kapa kgaolo ho tswa ho e nngwe ya dibuka tse letotong la *The Hunger Games* mme o ba balle yona hodimo.



Send us your reading moments and WIN!

Whether it's a photo of your child enjoying a bedtime story or a picture of them reading their first book, send us your children's reading moments to inspire others to create reading moments with their children too. Simply email your reading moment picture to info@nalibali.org. If selected, your photo will appear on the Nalibali Facebook page, and you will receive a book to enjoy with your children, as well as a Nalibali T-shirt!

Re romelle dinako tsa hao tsa ho bala mme o IKGAPELE!

Ebang ekaba senepe sa ngwana hao a natefelwa ke pale ya pele a robala kapa sethwantsho sa hae moo a balang buka ya hae ya pele, re romelle dinepe tsa moo bana ba hao ba balang ho kgothaletsa ba bang hore le bona ba ipopele dinako tsa ho bala mmoho le bona ba bona. Romela feela imeile ya sethwantsho sa nako tsa ho bala ho info@nalibali.org. Haeba se kgethilwe, sethwantsho sa hao se tla hlahella leqepheng la Facebook la Nalibali, mme o tla fumana buka eo o ka natefelwang ke yona mmoho le bona ba hao, esitana le T-shirt ya Nalibali!



Story corner

Here is a fable about the special relationship between a bird and a tree to enjoy reading aloud or retelling.

The lark and the pomegranate tree by Michael Rice

Every morning, just as the sun was beginning to rise, a little lark flew from its nest, perched on a branch of a pomegranate tree, stretched its wings, lifted its head and began to sing the most beautiful song to welcome the morning light.

One morning, just as the bird had finished singing, it looked down and saw a large, ripe pomegranate lying on the ground. The pomegranate must have split open when it hit the ground, for its bright seeds lay scattered about like rich red rubies glinting in the sun.

The lark flew down and began to peck the juicy seeds. As it lifted its head to sing its delight at finding such a delicious meal, one of the pomegranate seeds got stuck in its throat. The lark got such a fright that it flew up into the morning sky.

High in the sky, with a cough and a sneeze, the lark spat out the seed. The seed fell to the earth where it landed on a rock on the side of a mountain.

The lark flew away unharmed, but the seed lay wedged in a crevice in the rock. It lay there for many years before it began to sprout. There was no soil for it to grow in, and it was only watered once in a while by a passing shower.

Then one day, after a thunderstorm, the seed began to send out tiny, tender shoots, searching for anything to help it grow. After a long time it managed to get a good grip in the crevices of the rock, and then nothing could shift it.

Time passed. The seasons followed one upon the other. The delicate shoots gradually became roots strong enough to reach deeper and deeper into the cracks and crevices, eventually splitting the rock into pieces, while its branches reached for the sky.

And so the tree grew.

Birds nested in its branches and fed on its fruit – which fell to the ground or was scattered over the earth to fall where it may and wait for the rain to soften the ground upon which it lay.

Tell us if you liked the story, *The lark and the pomegranate tree* – SMS “Bookmark” with your name and your comments to 32545. R1,00 per SMS.



Illustration by Alzette Prins
Setshwantsho ka Alzette Prins

Hukung ya dipale

Ena ke tshomo e mabapi le kamano e ikgethang e pakeng tsa nonyana le sefate eo o ka natefelwang ke ho e balla hodimo kapa ho e pheta hape.

Motinyane le sefate sa garenate ka Michael Rice

Hoseng ho hong le ho hong, hang ha letsatsi le qala ho tijaba, motinyane o monyenyanne o ne o fofa ho tswa sehlaheng sa ona, se hodima lekala la sefate sa garenate, o otolla mapheyo a ona, o phahamisa hlooho mme o qale ho bina pina e monate ka ho fetisisa ho amohela kganya ya hoseng.

Hoseng ho hong, hang ha nonyana ena e qeta ho bina, ya sheba tlase mme ya bona garenate e kgolo, e butswitseng e wetse fatshe. Garenete eo e ne e shebahala eka e ile ya phatloha nakong eo e welang fatshe ka yona, hobane dithootse tsa yona tse kganyang di ne di hasane jwaloka dirubi tse ntle tse kgubedu tse benyang letsatsing.

Motinyane wa fofela fatshe mme wa qala ho kobola dithootse tse tletseng lero. Eitse ha o phahamisa hlooho ya ona ho bina ka lebaka la ho thabela ho fumana dijo tse monate hakana, e nngwe ya dithootse tsa garenate ya dula mmetsong wa ona. Motinyane o ile wa tshoha haholo hoo o ileng wa fofela hodimo sepakapakeng.

Hodimo kwana sepakapakeng, ha nonyana eo e kgohlela le ho ithimola, ya tshwela thootse eo. Thootse ya wela fatshe moo e ileng ya wela hodima letlapa le ka lehlakoreng la thaba.

Motinyane wa fofela kwana o sa utlwa bohloko, empa thootse eo e ne e wetse lepatsong la letlapa. E ile ya dula moo dilemo tse ngata pele e qala ho mela. Ho ne ho se na mobu moo e ka melang teng, mme e ne e nwesetswa hanngwe feela ka mora nako e itseng ha ho na le metsi a phallang a fetang moo.

Yaba ka letsatsi le leng, kamora pula ya sekgothola, thootse eo e qala ho hlahisa makala a masesane, a batlana le ho hong ho ka e thusang ho hola. Ka mora nako e telele ya kgona ho itshwareletsa ka mapatso a lefika, mme ho ne ho se letho le ka e sisinyang.

Nako ya nna ya feta. Dihla tsa tla tsa nna tsa feta jwalo. Makala a masesane a neng a metse a fetoha metso e matla ho lekaneng hore a ka fihlella tlase dipakeng tsa majwana le ka hara mapatso, hoo qetellong se ileng sa qhetsola lefika leo la eba dikotwana, ha makala a sona a leba hodimo marung.

Yaba he sefate seo se a hola.

Dinonyana tsa aha dihlaha makaleng a sona, tsa ja ditholwana tsa sona - tse wetseng fatshe kapa tse hasaneng hohle moo di ka welang teng, mme di emetse pula ho na hore e thapise mobu oo di leng ho ona.

Re bolelle haeba o ratile pale ya *Motinyane le sefate sa garenate* – SMSa “Bookmark” mmoho le lebitso la hao le ditshwaelo ya hao ho 32545. R1,00 SMS ka nngwe.

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- Buka e-sehwang-le-ho-ipolokelwa, *Lediniane la Tau le Tshwene e Nyane e Sootho*
- Bokella baphetwa ba Nal'ibali: *Mme wa Afrika*
- Buka ya matswedintsweke, *Nihebe!*

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